## 'Cause everybody needs a good listenin' to, join a...

## LISTENING CIRCLE

Listening in a structured, moderated circle, taking turns speaking and reflecting what is spoken, to the satisfaction of the speaker, is both challenging & exciting.

Intelligence is built by listening to understand.

Sharing our story, our experience, is both healing and fun.

 ${f T}$  rust is built when we hold space for deep listening.

Experiences of hearing and being heard are the foundation of pro-social behavior, moral development and healthy democracy.

Nothing short of a miracle is empathic understanding—for creating wholistic systems within us and our community.



## **Next Listening Circle is scheduled for**

Date:

Time:

Place:

**Sponsoring organization:** 

- <u>WHO is this for?</u> Any group of 4-6 people can form a circle. Each speaker takes a three to five-minute turn.
- Who facilitates? BREN HARDT, a CNVC certified facilitator of Compassionate Communication, Brenham, TX;
- Instruction time: 15 minutes. Circles last 1½ - 2 hours. Guidelines for satisfying circles are at Bren's website www.Whole-Hearted-Communication.com
- <u>Cost?</u> Travel expenses, if any.

If you'd like to participate in a circle, call or email Bren.



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