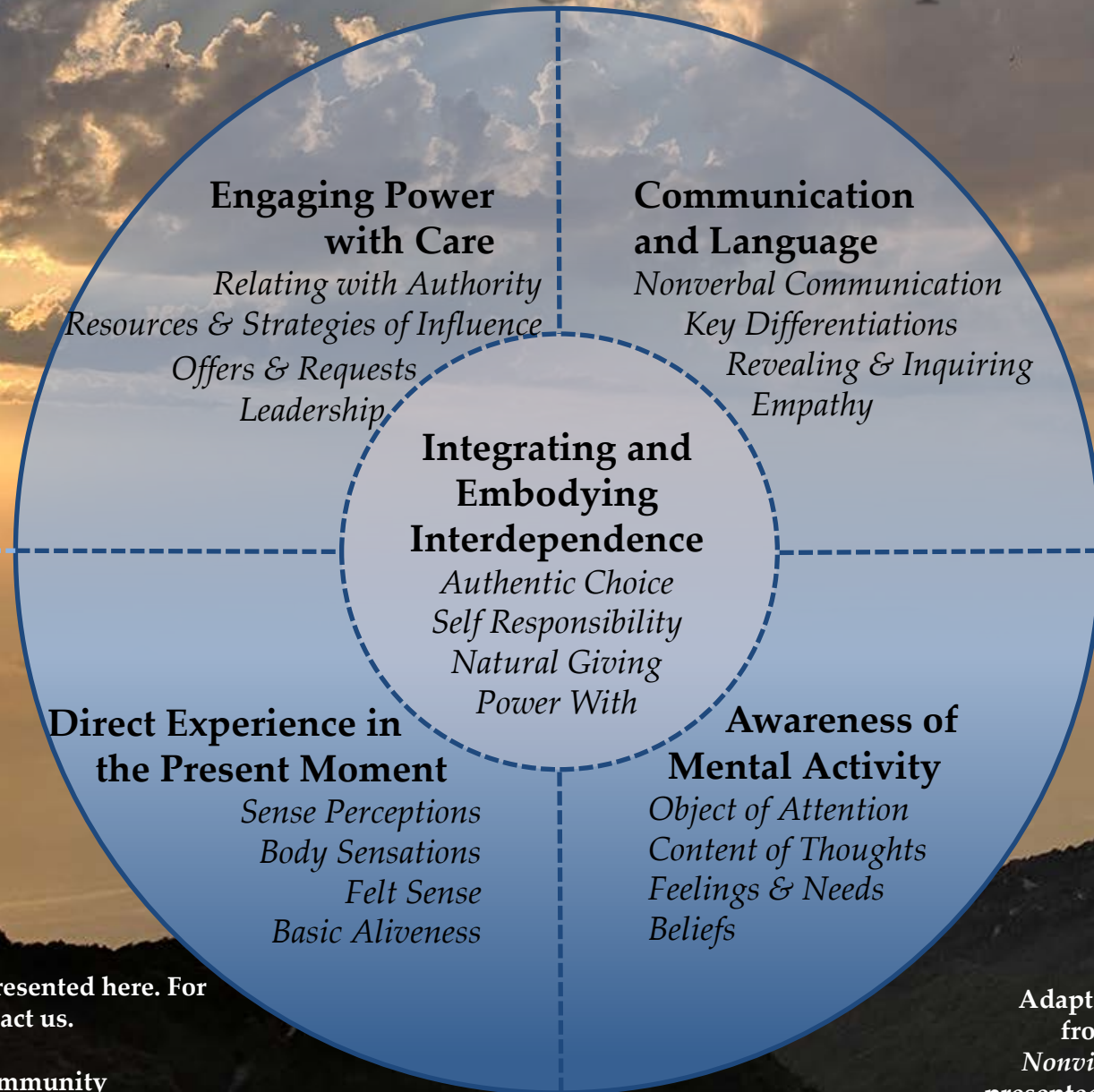


# Mandala of Living Interdependence



*Connection  
with others*

*Connection  
with self*

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Adapted by Gregory Rouillard  
from Marshall Rosenberg's  
*Nonviolent Communication*, as  
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