

REALationships! - The 5th annual **FUNfest**



“Compassionate Communication helps us connect with each other and ourselves in a way that allows our natural compassion to flourish. ...it fosters deep listening, respect and empathy and engenders a mutual desire to give from the heart.”—Marshall

*Rosenberg, PhD., author of **Nonviolent Communication: A Language of Life**, that has sold over 1 million copies.*

Our focus for the day

- Understand what makes people tick
- Practice empathic listening, reflecting back, and recapping
- Learn the power of intention, attention, and self-connection.
- Learn a practice for avoiding taking someone's upset personally
- Practicing appreciation to enhance any relationship

...Want to learn the “Language of Life” (Compassionate Communication) through fun, connecting activities?

...Want to spend a day relaxing in nature, enjoying nurturing food and practicing skills for creating thriving relationships with your spouse, your children, your co-workers, anyone?

WHERE: **Brenham, TX** Home in the country

WHEN: **Sat., April 4, 2020**

- Arrival and Orientation: 9:00am
- **FUNfest: 9:30am – 4:30pm**
- You are welcome to stay and fish, take nature walks, roast marshmallows on a campfire, swing on the porch, sit in the bluebonnets, whatever -- until dark.

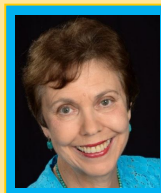
Invest in yourself: \$85; or Before March 15: \$65.
2 Friends or 2 family members registering together by March 15: \$50 each.

I want all persons wanting to live in compassionate consciousness to attend this event. Questions or to request Tuition Assistance: bbhardt@gmail.com; 713-303-3403.

Space for up to 14 participants.

Please pre-register (beginning Jan. 1) to guarantee your seat. www.whole-Hearted-communication.com

“Working with and learning from Bren was a total pleasure! NVC opened my eyes and my heart.” – Merilee Minshaw, Houston artist



BREN HARDT is a Center for Nonviolent Communication Certified Facilitator & President Emeritus of HoustonNVC.